

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Green- Religious Based Blue – Trips Purple – Exercise Red – Important Or a Presentation				1 10:00 AM Yoga 1:00 PM Mahjong 3:00 PM Corn hole	2 10:00 AM Drums Alive 12:30 PM Trip to Wizard of Clay in Bristol 3:00 PM Hangman	3
4 10:00 AM Zoom Church Service by Crossroads	5 10:00 AM Exercise Class 11:00 AM Worship Service 1:00 PM Yoga 3:00 PM Walking Club	6 9:30 AM Trip to HFMP 1:00 PM Drums Alive 2:00 PM Fall Sticker Craft 3:30 PM Book Club 6:30 PM Bingo With Paul	7 7:30 AM Men Prayer Group 10:00 AM Exercise Class 12:30 PM Trip to Powers Farm Market	8 10:00 AM Yoga 12:30 PM Piano music with Nadia 2:30 PM Paint Pumpkins	9 10:00 AM Drums Alive 12:30 PM Trip to Wegmans	10 1:00 PM Corn Hole
11 10:00 AM Zoom Church Service by Crossroads	12 10:00 AM Exercise Class 11:00 AM Worship Service 1:00 PM Yoga 1:30 PM Trip to Library 3:00 PM Balance Class	13 9:30 AM Trip to HFMP 1:00 PM Flu Clinic 6:15 PM Medicare meeting with Brian	14 7:30 AM Men Prayer Group 10:00 AM Exercise Class 12:30 PM Trip to Spirit Halloween 6:15 PM Church Service	15 10:00 AM Yoga 1:00 PM Feldenkrais movement method 2:30 PM Bingo with Emily	16 10:00 AM Drums Alive 11:00 AM Trip to Mamma G's for lunch 3:00 PM Trivia	17 1:00 PM Corn Hole 6:00 PM Movie: <i>Dead Man's Eyes</i>
18 10:00 AM Zoom Church Service by Crossroads	19 10:00 AM Exercise Class 11:00 AM Worship Service 12:15 PM Trip to Elite Nails 1:00 PM Yoga 3:00 PM Walking Club	20 9:30 AM Trip to HFMP 2:00 PM Nancy Lynch: REAL Women of the Vietnam War 6:30 PM Bingo with Paul	21 7:30 AM Men Prayer Group 10:00 AM Exercise Class 12:00 PM Trip to McDonalds 1:00 PM Jill Bates sewing	22 10:00 AM Library kids visit for stories and activities 1:00 PM Resident Association Meeting 2:30 PM Candoo Lesson	23 10:00 AM Drums Alive 12:30 PM Trip to Wild Wings in Mendon Ponds	24 1:00 PM Corn Hole 6:15 PM Trip to HF Community Band Concert
25 10:00 AM Zoom Church Service by Crossroads	26 10:00 AM Exercise Class 11:00 AM Worship Service 1:00 PM Yoga 3:00 PM Balance Class 4:15 PM Spaghetti dinner	27 9:30 AM Trip to HFMP 1:00 PM Drums Alive 2:00 PM Yarn Pumpkins 3:30 PM Book Club	28 7:30 AM Men Prayer Group 10:00 AM Exercise Class 12:30 PM Trip to the Paper Store 3:15 PM Staff Fire Training 4:30 PM Harvest Dinner	29 10:00 AM Yoga 1:00 PM Dominos 2:30 PM Bingo with Emily	30 10:00 AM Drums Alive 1:00 PM Halloween Party 6:00 PM Resident Sing-along	31 1:00 PM Corn Hole

OCTOBER WORD SEARCH

M S A G B
 F O O T B A L L A W T H A
 K H H A R V E S T L T D I W J A R
 N S E M U T S O C Z E B O N F I R E Y
 X W T R I C K F X K Q W C H E S T N U T S
 Y G K J M K B M L V E S U O H D E T N U A H J
 R E B Q N R O C Y D N A C U R B F I I A B U A E A
 U L C A U L D R O N F A A B N B H T A E R T L P U
 L L H R M Z O E A G M H R M S F J J I J S L L U T
 R O K A B T M J P O P N E A T E L S R J H N O M U
 W W A A Y W D J P H Y Y C C A S W O M R K T W P M
 M I V V U R E E L E R A R B L R A R W F K S E K N
 H X T R A K I J E G R I O V K J R C A E P O E I V
 O O C E M X D S D E U W H W H H E O K R H N N
 U P H D P N E E D O B U P I G A J R E G Q
 R Y K N I B H I D Y Y R N N L K Q N Y
 S Y A Q R V P O K S A I F D Z G M
 S A H E S H P R Y B M B Y
 R W O I W

GHOST	AUTUMN	CAULDRON
CORNSTALK	HARVEST	HALLOWEEN
TREAT	TRICK	BAT
SCARECROW	VAMPIRE	RAKE
PUMPKIN	ACORN	CHESTNUTS
HAUNTED HOUSE	YELLOW	APPLES
SUNFLOWER	BONFIRE	CANDY CORN
COSTUME	WITCH	ORANGE
FOOTBALL	HAYRIDE	HEDGEHOG
SPIDER	WINDY	RED



Pinehurst Senior Living Community

Happy October Birthday

10/5 Simeon Stanley	10/26 Katherine Johnson
10/7 Gary Shepard	10/26 Peggy Crowley
10/22 Pat Wetmore	10/26 Macy LeTandre
10/25 Anna DeClerck	10/29 Coryn Wilder

Events

Thursday, October 1st at 1 PM – Come join us as we play Mahjong!

Friday, October 2nd at 12:30 PM – We will go to the Wizard of Clay in Bristol for a tour and demo, if you'd like to go please sign up in the activity room!

Monday, October 5th at 3 PM - We have our bimonthly walking club! Join us and get your steps in!

Tuesday, October 6th at 1:30 PM – Staff will have a training in the TV room for an hour today.

Wednesday, October 7th at 12:30 PM – We are taking a trip to Powers Farm Market – come get pumpkins and apple cider!

Tuesday, October 13th at 1 PM – Time to get your Flu and Covid shots! Come down at your assigned time to the activity room.

Tuesday, October 13th at 6:15 PM – Brian Maust will be here to give his talk on insurance – please make sure you RSVP to the front desk!

Thursday, October 15th at 1 PM – We set our next Feldenkrais Movement Method series! Come down and learn how to move safely in your body!

Friday, October 16th at 12:30 PM – Join us as we go to Mamma G's in Henrietta for lunch, sign up in the activity room if you'd like to come!

Saturday, October 17th at 6:15 PM – We are watching *Dead Man's Eyes*, an Inner Sanctum Mystery movie starring Lon Chaney Jr.

Tuesday, October 20th at 2 PM – Nancy Lynch is coming to give a very informative presentation on the REAL women of the Vietnam War.

Thursday, October 22nd at 1 PM – We have our monthly resident meeting.

Saturday, October 24th at 6:15 PM – We take a trip to listen to the community band concert.

Monday, October 26th at 4:15 PM – We go to the last spaghetti dinner of the year! The cost is \$12, please make sure you sign up in the activity room.

Wednesday, October 28th at 12:30 PM – The paper store has more than just paper! Come see what it has to offer with us!

Friday, October 30th at 1 PM – We are having a Halloween party in the activity room. Dress up and enjoy the party!