

Sunday

Monday

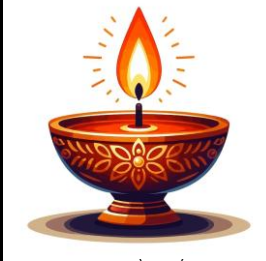
Tuesday

Wednesday

Thursday

Friday

Saturday

	1 11am Bible Study <u>Grocery Shop</u> 2:30pm	2 POLLING SITE 6AM-9PM CAFE Church Service 10am 11:00am Chair Fitness Chair Yoga 2pm <u>Shuffleboard 1pm</u>	3 11am PO-KE-NO <u>POOL 1pm</u> <u>Rosary 3:15</u> <u>Meal Pick-up by 4pm</u>	4 11:00am Chair Fitness Easy Dessert Demo 1:30pm <u>Men's Pool 2pm</u>	5 Tech Hour with Alan 10-11am Cardio Drumming 11am <u>1pm CORNHOLE</u>	6 Julie Montgomery Wellness Coordinator 546-8439 x1945 Jmontgomery @ Episcopalseniorlife.org
	7 11am Bible Study <u>Grocery Shop</u> 2:30pm Total Sound Vocal Group 6:30pm in the Cafe	8 All Saints Memorial Service 10am 11:00am Chair Fitness <u>Shuffleboard 1pm</u>	9 Veteran's Breakfast  11am PO-KE-NO <u>POOL 1pm</u> <u>Rosary 3:15</u> <u>Meal Pick-up by 4pm</u> <small>Remembrance Day (Canada)</small>	10 11:00am Chair Fitness <u>Men's Pool 2pm</u>	11 Casino Trip Bus leaves at 10am <u>1pm CORNHOLE</u>	
	12 11am Bible Study BINGO @1pm <u>Grocery Shop</u> 2:30pm	13 Church Service 10am 11:00am Chair Fitness Chair Yoga 2pm <u>Shuffleboard 1pm</u>	14 11am PO-KE-NO <u>POOL 1pm</u> <u>Rosary 3:15</u> <u>Meal Pick-up by 4pm</u>	15 11:00am Chair Fitness Craft w/ Shirley 1pm <u>Men's Pool 2pm</u>	16 Tech Hour with Alan 10-11am Cardio Drumming 11am <u>1pm CORNHOLE</u>	
	17 11am Bible Study <u>Grocery Shop</u> 2:30pm	18 Church Service 10am 11:00am Chair Fitness <u>Shuffleboard 1pm</u>	19 11am PO-KE-NO <u>POOL 1pm</u> <u>Rosary 3:15</u> <u>Meal Pick-up by 4pm</u>		20 Giving Thanks Project <u>1pm CORNHOLE</u>	
	21 11am Bible Study Resident Meeting 1pm <u>Grocery Shop</u> 2:30pm	<div data-bbox="756 1250 1890 1396"> <h1>November 2026</h1> <p>Giving Thanks at Beatrice Place</p> </div>				