

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 October 2026 Ellen's Place				9-11am Coffee 1 Hour Chair Massage 10am-1pm Prayer Circle 1pm S Euchre 3pm!CR BINGO 7pm CR	9-11am Coffee 2 Hour Cooking Demo 2pm Happy Hour at 5	3 Contact Julie w/ any questions! 546-8439 ext 1945 Jmontgomery@Episcopalseniorlife.org Simchat Torah Begins
KEY Community Room CR Fitness Studio S Café CF All Coffee Hours are in the Community Room	5 9-11am Coffee Hour CORNHOLE! 2pm CR	6 9-11am Coffee Hour Grocery Shopping 12pm WALMART	7 9-11am Coffee Hour Strength & Balance Class 11am and 2pm	8 9-11am Coffee Hour Euchre 3pm!CR BINGO 7pm CR	9 9-11am Coffee Hour Eucharist 11am S Cardio Drumming 2pm	 it's fall y'all
	12 9-11am Coffee Hour Boat Ride on the River and Canal 1:30-3:00pm 	13 9-11am Coffee Hour Grocery Shopping 12pm TOPS	14 9-11am Coffee Hour Strength & Balance Class 11am and 2pm	15 9-11am Coffee Prayer Circle 1pm S Resident Mtg 2pm CR Euchre 3pm!CR BINGO 7pm CR	16 9-11am Coffee Hour Chair Yoga 2pm S Happy Hour at 5	
	19 9-11am Coffee Hour Medicare One-on-One Appts w/ Rachelle 11am-4pm CORNHOLE! 2pm CR	20 9-11am Coffee Hour Grocery Shopping 12pm ALDI'S	21 9-11am Coffee Hour Strength & Balance Class 11am and 2pm	22 9-11am Coffee Hour Euchre 3pm!CR BINGO 7pm CR	23 9-11am Coffee Hour 10am Trip to Powers Farm Market Eucharist 11am S	24 
	26 9-11am Coffee Hour CORNHOLE! 2pm CR	27 9-11am Coffee Hour Grocery Shopping 12pm WEGMANS	28 9-11am Coffee Hour Strength & Balance Class 11am and 2pm	29 9-11am Coffee Hour Art w/ Barb/Bette and Sally 1:30pm Euchre 3pm!CR BINGO 7pm CR	30 9-11am Coffee Hour Resident Connection Meeting 1pm S Halloween Happy Hour at 5	