

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Contact Julie w/ any questions! 546-8439 ext 1945 Jmontgomery@ Episcopalseniorlife.org		<u>Church Service</u> 10am 11:00am Chair Fitness Chair Yoga 2pm <u>Shuffleboard 1pm</u> <u>2pm Euchre</u>	11am PO-KE-NO <u>POOL 1pm</u> 3:15 Rosary <u>Meal Pick-up by 4pm</u>	3 11:00am Chair Fitness <u>Men's Pool 2pm</u>	4 Tech Hour with Alan 10-11am Cardio Drumming 11am 1pm CORNHOLE	
	 Resident Picnic	<u>Church Service</u> 10am NO CHAIR FITNESS <u>Shuffleboard 1pm</u> <u>Euchre 2pm</u>	9 11am PO-KE-NO <u>POOL 1pm</u> 3:15 Rosary <u>Meal Pick-up by 4pm</u>	10 11:00am Chair Fitness <u>Men's Pool 2pm</u>	11 Medicare Appts w/ Rachelle 11:30- 4pm 1pm CORNHOLE Rosh Hashanah Begins	
	14 11am Bible Study BINGO @1pm <u>Grocery Shop 2:30pm</u> 3:00pm Rosary	<u>Church Service</u> 10am 11:00am Chair Fitness Lunch & Learn 12:30pm <u>2pm Euchre</u>	16 11am PO-KE-NO <u>POOL 1pm</u> 3:15 Rosary <u>Meal Pick-up by 4pm</u>	17 11:00am Chair Fitness Food Demo 1pm <u>Men's Pool 2pm</u>	18 Tech Hour with Alan 10-11am Cardio Drumming 11am CORNHOLE 1pm	
	21 11am Bible Study <u>Grocery Shop 2:30pm</u> 3:00pm Rosary	<u>Church Service</u> 10am Ontario Summer Picnic 11:00am-1:00pm Free for residents Sign up on the BB Autumn Begins	23 11am PO-KE-NO <u>POOL 1pm</u> 3:15 Rosary <u>Meal Pick-up by 4pm</u>	24 11:00am Chair Fitness Crafting w/ Shirley 1pm in the Café <u>Men's Pool 2pm</u>	25 Riverie Boat Cruise 12:30pm 1pm CORNHOLE Sukkot Begins	
	28 11am Bible Study Resident Meeting 1pm <u>Grocery Shop 2:30pm</u> 3:00pm Rosary	<u>Church Service</u> 10am Chair Fitness 11:00am <u>Shuffleboard 1pm</u> <u>2pm Euchre</u>	30 11am PO-KE-NO <u>POOL 1pm</u> 3:15 Rosary <u>Meal Pick-up by 4pm</u>	September 2026 BEATRICE PLACE 		