August 2026

River Edge Manor

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 **12:00PM** Rosary Group (Lounge) **2:00PM** Rosary Group (ECH 2N) **2:00PM** Resident-led Games (AR) **7:00PM** Movie Night (LR/CRR)
2 **2:00PM** Resident-led Games (AR) Ask about our clubs: Book Club Garden Club Knitting Club Resident Ambassadors Walking Club	**3** **9:00AM** Shopping at Wegmans **1:00PM** Ice Cream Social w/ SWPC and Hedonist Ice Cream (Patio)	**4** **10:00AM** Guided Meditation (CRR) **1:00PM** SeniorFit w/ Jesse (FR) **$ **6:00PM** Knitting & Social w/ Carla and Sue (AR)	**5** **9:30AM** Walking Club – Highland Park ** **1:00PM** Annual Memorial Service (Patio) **7:00PM** Movie Night (LR/CRR)	**6** **10:30AM** Catholic Prayer Service w/ Holy Communion (CRR) **1PM-4PM** Apartment Visits	**7** **10:00AM** Zentangle: Simple and Meditative Art (AR) **11:00AM** Worship Service (CRR) **2:00PM** Happy Hour (Patio)	**8** **2:00PM** Resident-led Games (AR) **7:00PM** Movie Night (LR/CRR)
9 **2:00PM** Resident-led Games (AR) **5:30PM** Community Dinner (Patio) *Bring your own meal*	**10** **9:00AM** Shopping at Wegmans **2:00PM** Connection Chats – Identity Through the Ages (CRR)	**11** **10:00AM** Guided Mediation (CRR) **1:00PM** Flower Power – Floral Arranging & Demo (Patio) ** **1:00PM-5:00PM** Technology Help w/ Greg (CRR) **	**12** **10:00-11:00AM** Blood Pressure Checks (CRR) **2:30PM** Catholic Mass (ECH Chapel) **7:00PM** Movie Night (LR/CRR)	**13** **11:00 AM** Chair Yoga w/ John Williams (FR) **1:00PM** SeniorFit w/ Jesse (FR) **$ **11:00AM – 2:00PM** Sewing for Seniors (AR) **2:30PM** American Sign Language – Part 1 (AR)	**14** **11:00AM** Worship Service (CRR) **2:30PM** American Sign Language – Part 2 (AR)	**15** **2:00PM** Resident-led Games (AR) **7:00PM** Movie Night (LR/CRR)
16 **2:00PM** Resident-led Games (AR)	**17** **9:00AM** Shopping at Wegmans **2:30PM –** Violist @ Valley Manor	**18** **1:00PM** SeniorFit w/ Jesse (FR) **$ **2:00PM** Adult Coloring (AR) **6:00PM** Knitting & Social w/ Carla and Sue (AR)	**19** **10:00AM** – Volunteer Dog Visits ** **10:30AM** Monthly Worship (ECH Chapel) **11:30AM** Eastman Concert @ St. Joseph's Park ** **6:00PM** Grief Peer Support Group w/ Rey (AR) **7:00PM** Movie Night (LR/CRR)	**20** **9:30AM** Walking Club – Brickyard Trail ** **10:30AM** Catholic Prayer Service w/ Holy Communion (CRR) **2:30PM** Boxing and Stretching w/ Erin (FR)	**21** **11:00AM** Schoen Place Outing ** *(Bring your own lunch)* **2:30PM** Artist-in-Residence Andrew Johnson – Let's Go to the Movies: Act III (LR) **3:30PM** Shabbat Service (Ziegler Room)	**22** **2:00PM** Resident-led Games (AR) **7:00PM** Movie Night (LR/CRR)
23 **2:00PM** Resident-led Games (AR) **5:30PM** Community Dinner (Patio) *Bring your own meal*	**24** **9:00AM** Shopping at Wegmans **1:00PM** Food "Feed-back" (DR) **2:00PM** Standard Time – Duo Performance (Patio)	**25** **10:00 AM** Advisory Council (AR) (Council Members Only) **12:00PM** Book Club ** (AR) **1:00PM** SeniorFit w/ Jesse (FR) **$ **1:00PM-5:00PM** Technology Help w/ Greg (CRR) ** **2:00PM** Cooking Demonstration - Meet Your Sous Chef! (AR) **	**26** **8:30AM** Fresh Breakfast w/ Erin (AR) **11:00AM** Catholic Communion Visits **12:00PM** Red Wings Baseball Game **$ **7:00PM** Movie Night (LR/CRR)	**27** **11:00 AM** Chair Yoga w/ John Williams (FR) **1:00 PM** Resident Meeting (Patio) **2:30PM** Candoo Group Lesson: Tips for Researching Medical Questions Online (CRR) **3:30PM** Men's Social (Patio)	**28** **9:30AM** Riverside Walk **11:00AM** Worship Service (CRR) **1:30PM** Wilson Day – Connect with U of R Students (Patio)	**29** **2:00PM** Resident-led Games (AR) **7:00PM** Movie Night (LR/CRR)
30 **2:00PM** Resident-led Games (AR)	**31** **9:00AM** Shopping at Wegmans **2:00 PM** Connection Chats – Finding Gratitude (CRR) **3:30PM** A Remarkable Man: The Basement Artist – a presentation by Pat DeCaro! (CRR)					

Notify Erin if you'd like
a Catholic Communion or volunteer dog visit.

AR – Activity Room
CRR – Community Resource Room
DR – Dining Room
Lounge – Small room off DR
LR – Living Room
FR – Fitness Room
$ - Program Fee
** Program will have sign-up sheet

Erin Koehler, Life Enrichment Coordinator, ekoehler@episcopalseniorlife.org, (585) 546-8439 Ext. 3703