

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2026

Seabury Woods Assisted Living

						10:30 MITE / Exercise w/Becky -CH 1pm Hochstein Music Therapy w/Cassie -MC 1:15 Worship Service w/Hilary -CH* 2:15 Bingo w/Becky -DR* 3:30 Happy Hour w/Becky -LB* <small>May Day</small>	1 2
Enjoy a visit with friends and family. 1pm Euchre Pick Up Game – AC* 2:30 Read Aloud w/David -PDR	3 10am Communion w/Martha -CH* 10:30 MITE/Exercise w/Becky -CH* 1:30 Chair Yoga w/Katie -COE* (meet in LB at 1pm) 3:15 Bible Study w/Maureen & Nancy -CH 6pm Movie Night: Walk the Line w/Robin-CH	4 11am Walking Group (weather permitting) w/Maureen -LB 11am Piggy Bankers w/Becky -CH 1:30 Rummikub w/Becky -AC 2:30 Grief Share Support Group w/Maureen -CH* 3:30 Cinco de Mayo Happy Hour w/Becky -LB <small>Cinco de Mayo</small>	5 10:30 MITE/Exercise w/Becky -CH* 1:15 Jeopardy w/Becky -CH 3:15 Music w/Joe Miltch -MC 5:30 Bingo w/Michele -MC	6 10:30 Drumming w/Becky -CH* 1pm Maureen’s Retirement Party -LB 4pm Resident Social Hour (BYOB) w/Dorothy, Mike, Joe & Sam -LB	7 10:30 MITE/Exercise w/Becky -CH* 1pm Hochstein Music Therapy w/Cassie -MC 2:15 Bingo w/Becky -DR* 3:30 Happy Hour w/Becky -LB*	8 10:30 Art for the Young at Heart w/Terese -CH* 2pm Java Music w/Nancy –CH* 3:15 Mother’s Day Reminiscing w/Nancy -CH	9
Enjoy a visit with friends and family. 1pm Euchre Pick Up Game – AC* 2:30 Read Aloud w/David -PDR <small>Mother’s Day National Skilled Nursing Care Week</small>	10 10am Communion w/Martha -CH* 10:30 MITE/Exercise w/Becky -CH* 1:30 Open Games w/Mike & Sam -AC 2pm Mother’s Day Tea w/Rec Staff -DR 6pm Movie Night: Some Like it Hot w/Robin-CH	11 11am Walking Group (weather permitting) w/Maureen -LB 11am Crosswords w/Becky -CH 2pm Rummikub w/Becky -AC 4pm Resident Social Hour (BYOB) w/Dorothy, Mike, Joe & Sam -LB 8pm Virtual Meditation w/Katie	12 10:30 MITE/Exercise w/Becky -CH* 1:30 Family Feud w/Becky- CH 3:15 Music w/Dave Turner -MC 5:30 Bingo w/Michele -MC	13 10:30 Drumming w/Becky -CH* 10:45 Bagpipes w/Karen -MC 1:30 Manicures w/Becky -AC 3pm Euchre & Kings in the Corner w/Becky -AC 4pm Resident Social Hour (BYOB) w/Dorothy, Mike, Joe & Sam -LB	14 10:30 MITE/Exercise w/Becky -CH* 1pm Hochstein Music Therapy w/Cassie -MC 1:15 Worship Service w/Patti -CH* 2:15 Bingo w/Becky -DR* 3:30 Happy Hour w/Becky -LB*	15 10:30 Art for the Young at Heart w/Terese -CH* 2pm Java Music w/Nancy –CH* 3:15 Splish Splash w/Nancy -CH <small>Armed Forces Day</small>	16
Enjoy a visit with friends and family. 1pm Euchre Pick Up Game – AC* 1:15 Worship Service w/Bible Baptist Church: All Denominations Welcome -MC* 2:30 Read Aloud w/David -PDR	17 10am Communion w/Martha -CH* 10:30 MITE/Exercise w/Becky -CH* 1:30 Chair Yoga w/Katie -COE* (meet in LB at 1pm) 2:30 Food Council w/AJ -DR 3:30 Bible Study w/Nancy -CH 6pm Movie Night: Coming to America w/Robin-CH <small>Victoria Day (Canada)</small>	18 9am Walking Group (weather permitting) w/Becky -LB 11am Name that Tune w/Becky-CH 1:15 Tabletop Bowling w/Becky -CH 2:30 Rummikub w/Becky -AC 4pm Resident Social Hour (BYOB) w/Dorothy, Mike, Joe & Sam -LB	19 10:30 MITE/Exercise w/Becky -CH* 1:30 Jeopardy w/Becky- CH 3pm Craft Corner w/Becky -AC 5:30 Bingo w/Michele -MC	20 9am Walking Group w/Becky-LB 10:30 Drumming w/Becky -CH* 10:45 Bagpipes w/Karen -MC 1:30 Manicures w/Becky -AC 2pm Armchair Travel w/Beth -MC 3:15 Music w/Steve P. -MC 4pm Resident Social Hour (BYOB) w/Dorothy, Mike, Joe & Sam -LB <small>Shavuot Begins</small>	21 10:30 MITE/Exercise w/Becky -CH* 1pm Hochstein Music Therapy w/Cassie -MC 2:15 Bingo w/Becky -DR* 3:30 Happy Hour w/Becky -LB*	22 10:30 Art for the Young at Heart w/Terese -CH* 2pm Java Music w/Nancy –CH* 3:15 Product Slogans w/Nancy -CH	23
Enjoy a visit with friends and family. 1pm Euchre Pick Up Game – AC* 1:15 Worship Service w/Bible Baptist Church: All Denominations Welcome -MC* 2:30 Read Aloud w/David -PDR	24 10am Communion (Catholic) w/Martha -CH* 10:30 Open Games w/Residents-AC 3:30 Bible Study w/Nancy -CH 6pm Movie Night: To Catch a Thief w/Robin-CH <small>Memorial Day</small>	25 9am Walking Group w/Becky-LB 11am Wheel of Fortune w/Becky -CH 1:15- Resident Council Mtg w/ Staff (for all AL Residents) -CH 2:30 Rummikub w/Becky -AC 4pm Resident Social Hour (BYOB) w/Dorothy, Mike, Joe & Sam -LB	26 10:30 MITE/Exercise w/Becky -CH* 2:30 May Birthday Party w/Rec Staff -DR 3:15 Music w/Don Mancuso -MC 5:30 Bingo w/Michele -MC	27 9am Walking Group w/Becky -LB 10:30 Drumming w/Becky -CH* 10:45 Bagpipes w/Karen -MC 1:30 Manicures w/Becky -AC 3pm Euchre & Kings in the Corner w/Becky -AC 4pm Resident Social Hour (BYOB) w/Dorothy, Mike, Joe & Sam -LB	28 10:30 MITE/Exercise w/Becky -CH* 1pm Hochstein Music Therapy w/Cassie -MC 1:15 Worship Service w/Hilary -CH* 2:15 Bingo w/Becky -DR* 3:30 Happy Hour w/Becky -LB*	29 10:30 Art for the Young at Heart w/Terese -CH* 2pm Java Music w/Nancy –CH* 3:15 Fifties Music Trivia w/Nancy -CH	30
Enjoy a visit with friends and family. 1pm Euchre Pick Up Game – AC* 2:30 Read Aloud w/David -PDR	31 Seabury Woods Calendar is subject to change. Please see the daily activity sheet for the most up to date information.						

Questions? Contact Becky 426-4950. AC=Activity Center, CH=Chapel, COE=Church of the Epiphany, DR=Dining Room, LB=Lobby, MC=Memory Care, PDR=Private Dining Room