

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Contact Julie w/
any questions!
546-8439 ext
1945
Jmontgomery@
Episcopalseniorlife
.org

1
11am Bible Study
Grocery Shop
2:30pm
3:00pm Rosary

2
Church Service
10am
11:00am Chair Fit
1pm
Shuffleboard
2pm Euchre
Chair Yoga 2pm

3
11am PO-KE-NO
1:00pm Pool

3:15 Rosary
Meal Pick-up by 4pm

4
11:00am Chair Fitness
Men's Pool 2pm

5
Tech Hour with Alan 10am-11am
1pm CORNHOLE



8
11am Bible Study
BINGO @1pm
Grocery Shop
2:30pm
3:00pm Rosary

9
Church Service
10am
11:00am Chair Fitness
Food Demo 1pm
1pm Shuffleboard
2pm Euchre

10
11am PO-KE-NO
3:15 Rosary
Meal Pick-up by 4pm

11
11:00am Chair Fitness
Fireman's Cookout
12:30pm
Men's Pool 2pm

12
Tech Hour with Alan 10am-11am
Cardio Drumming 11am
1pm CORNHOLE



15
11am Bible Study
Grocery Shop
2:30pm
3:00pm Rosary

16
Church Service
10am
11:00am Chair Fit
1pm
Shuffleboard
2pm Euchre
Chair Yoga 2pm

17
11am PO-KE-NO
Red Wings Game
Bus leaves at 11:45am
3:15 Rosary
Meal Pick-up by 4pm

18
11:00am Chair Fitness
Volunteer Recognition Lunch
12:30-1:30pm
by invitation only
Men's Pool 2pm

19
Tech Hour with Alan 10am-11am

1pm CORNHOLE
Juneteenth



22
11am Bible Study
Grocery Shop
2:30pm
3:00pm Rosary

23
POLLING SITE
5am-10pm
Church Service
10am
11:00am Chair Fitness
1pm Shuffleboard
2pm Euchre

24
11am PO-KE-NO
3:15 Rosary
Meal Pick-up by 4pm

25
11:00am Chair Fitness
Crafting w/ Shirley 1pm in the Café
Men's Pool 2pm

26
Cardio Drumming 11am
1pm CORNHOLE



28
11am Bible Study
Resident Meeting 1pm
Grocery Shop
2:30pm
3:00pm Rosary

29
Church Service
10am
NO Fitness Class
ESLC Charlotte Beach 11am-1pm
1pm
Shuffleboard
2pm Euchre

June 2026
at **BEATRICE PLACE**