

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2026

Brentland Woods

*All Activities subject to change and will be displayed on the daily activity sheet

							10:30 Stretching & Exercise (LR) 1:30 Trash the card game (AR) 3:00 Snack time Tasting (LR) 3:30 Happy Hour & Piano Music W/ Linda (LR) May Day	1	10:00 Stretching Video (LR) 1:30 Resident led Games (AR)	2			
11:00 Catholic Communion (F) 1:30 Resident Led Games (AR)	3	10:30 Stretching & exercise (F) 1:00 Move & Dance Video(LR) 2:00 Play Nine (AR) 3:30 RocDog (LR)	4	Beauty Shop Day! 9:30 Color & Chat (AR) 10:30 Chair Yoga (RCR) 10:30 UNO No Mercy (AR) 1:15 Movie Time (LR) 1:30 Lilac Flower Tour (Meet in LR) Cinco de Mayo	5	9:30 Word Games (LR) 10:30 Music W/ Eli (LR) 1:15 Pets W/ Charlie (LR) 1:30 Stretching & Exercise (F) 2:30 Bible Study W/ Larry (F) 3:30 Walking Club (Meet in LR)	6	9:30 Craft & Chat (AR) 10:00 Chapel Service (F) 10:30 Coffee Hour (AR) 1:30 Yoga (F) 2:15 Book Club (F) 3:30 Walking Club (Meet in LR)	7	Happy Birthday Carmin R.!! 10:30 Music W/ Fred Vine (LR) 2:30 Learn w/ Kara (LR) 3:00 Snack time Tasting (LR) 3:30 Happy Hour & Music (LR)	8	10:00 Stretching Video (LR) 1:30 Resident led Games (AR)	9
11:00 Catholic Communion (F) 11:30 Mother's Day Lunch (DR) 1:30 Resident Led Games (AR) Mother's Day National Skilled Nursing Care Week	10	10:30 Stretching & Exercise (F) 1:00 Move & Dance Video (LR) 1:30 Craft Time (AR) 3:00 Wii Bowling (F)	11	Beauty Shop Day! 9:30 Color & Chat (AR) 10:30 Chair Yoga (RCR) 11:30 Lunch Outing Fireside (meet in LR) 2:30 Movie & Popcorn (LR) 4:00 Walking Club (Meet in LR)	12	9:30 Word Games (LR) 10:30 Music W/ Eli (LR) 1:30 Cardio Drumming Group 1 (F) 2:15 Cardio Drumming Group 2 (F) 3:00 Trash card game (AR)	13	9:30 Craft & Chat (AR) 10:00 Chapel Service (F) 10:30 Coffee Hour (AR) 1:15 Yoga (LR) 2:00 Learn to cook W/ Larry (RCR) 3:30 Walking Club (Meet in LR)	14	10:30 Stretching Video (LR) 1:30 Games w/ Lisa (AR) 3:00 Snack time tasting (LR) 3:30 Happy Hour & Trivia (LR)	15	10:00 Stretching Video (LR) 1:30 Resident led Games (AR) 2:00 Music Time (LR) Armed Forces Day	16
11:00 Catholic Communion (F) 1:30 Resident Led Games (AR)	17	10:00 Young at heart (AR) 11:00 Resident meeting (LR) 1:00 Move & Dance Video (LR) 1:30 Games W/ Lisa (AR) 3:30 Walking Club (Meet in LR) Victoria Day (Canada)	18	Beauty Shop Day! 9:30 Color & Chat (AR) 10:30 Chair Yoga (RCR) 10:30 Play Nine (AR) 1:15 Movie Time (LR) 1:30 Trader joe's (Meet in LR)	19	9:30 Word Games (LR) 10:30 Music W/ Eli (LR) 1:15 Pets W/ Charlie (LR) 2:00 Medicare 101 Presentation (LR) 3:30 Walking club (meet in LR)	20	Happy Birthday Tim K.!! 9:30 Craft & Chat (AR) 10:00 Chapel Service (F) 10:30 Coffee Hour (AR) 1:30 Yoga (F) 2:30 Fruit of the Stay W/ Larry (LR) 3:00 Walking Club (meet in LR) Shavuot Begins	21	10:30 Stretching & Exercise (LR) 1:30 UNO No Mercy (AR) 3:00 Snack time tasting & Food Meeting (LR) 3:30 Happy Hour & Word games (LR)	22	10:00 Stretching Video (LR) 1:30 Resident led Games (AR)	23
11:00 Catholic Communion (F) 1:30 Resident Led Games (AR)	24	10:30 Stretching Video (LR) 1:30 Resident led Games (AR) 3:30 Walking Club (meet in LR) Memorial Day	25	Beauty Shop Day! 9:30 Color & Chat (AR) 10:30 Chair Yoga (RCR) 10:30 Mexican Train Dominoes (AR) 1:15 Movie Time (LR) 1:30 Library outing (meet in LR)	26	9:30 Word Games (LR) 10:30 Music W/ Eli (LR) 1:15 Pets W/ Charlie (LR) 1:30 Stretching & Exercise (F) 3:00 Uzzle (AR)	27	Happy Birthday Diane P.!! 9:30 Craft & Chat (AR) 10:00 Chapel Service (F) 10:30 Coffee Hour (AR) 1:30 Yoga (F) 2:30 UNO No Mercy (AR) 3:30 Walking Club (meet in LR)	28	10:30 Stretching & Exercise (LR) 11:30 Men's Group & Lunch (RCR) 1:30 Play Nine (AR) 3:00 Snack time tasting (LR) 3:30 Happy Hour & Activity Meeting (LR)	29	10:00 Stretching Video (LR) 1:30 Resident led Games (AR) 2:00 Music Time (LR)	30
11:00 Catholic Communion (F) 1:30 Resident Led Games (AR)	31	"May, the month of sunshine, blooming flowers, and endless possibilities."											