

| ~JULY 2022~ | | | | | | |
|---|---|---|--|--|---|--|
| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| | | | | | 1 8:30 Ladies' Breakfast 9:45 Aqua Fit Class 10:00 Financial Discussion Group – Board Room 11:30 Viewing of "The Crown" - Aud 1:30 Wegman's 7:00 Game Night/Euchre – Game Room | 2 10:00 Bridge Happy Birthday to: Muriel Klein |
| 3 11:00 - 1:30 Sunday Brunch 3:00 Sunday Movie Matinee | 4 Independence Day 11:00 – 1:30 Special 4 th of July Menu Happy Birthday to: Elizabeth Fitzgerald | 5 8:45 Fit N' Flex – Exercise Studio 9:30 Wegman's 10:00 Knit Wits – Game Room 7:00 Scrabble – Game Room | 6 National Fried Chicken Day 9:00 Tai Chi – Exercise Studio 9:45 Aqua Fit Class 10:30 Outdoor Cornhole 7:00 Movie Night - Aud | 7 National Strawberry Sundae Day 8:45 Fit N' Flex – Exercise Studio 9:30 Coffee Klatch w/Kathy – 1 st Fl. 10:30 Coffee Klatch w/Kathy – 2 nd Fl. 2:00 Ice Cream Sundae Social – Patio/Music Lounge 3:30 Worship Service - Chapel 7:00 Rummy Q – Game Room | 8 9:45 Aqua Fit Class 10:30 Chair Yoga – Exercise Studio 1:30 Wegman's 2:00 Farewell Party for Mathew Figel - Aud 7:00 Game Night/Euchre – Game Room | 9 10:00 Bridge |
| 10 9:30 Transportation to Church Services 11:00 - 1:30 Sunday Brunch 3:00 Sunday Movie Matinee Happy Birthday to: Swing Harre | 11 9:30 Wegman's 9:45 Aqua Fit Class 11:00 Great Courses – Aud 1:00 Welcome Fl. Party – 2 nd Fl. Mrs. Snelling Happy Birthday to: Mark Schork | 12 8:45 Fit N' Flex – Exercise Studio 10:00 Knit Wits – Game Room 10:00 Erie Canal Mural Tour & Lunch 7:00 Scrabble – Game Room | 13 9:00 Tai Chi – Exercise Studio 9:45 Aqua Fit Class 10:30 Outdoor Ladder Golf 11:00 Valley Manor Book Club 1:00 City Ride & Ice Cream Stop 7:00 Movie Night - Aud | 14 Bastille Day 8:45 Fit N' Flex 10:30 Warfield's for Lunch (Clifton Springs) 7:00 Rummy Q Happy Birthday to: Janet Wurl | 15 9:45 Aqua Fit Class 10:30 Chair Yoga – Exercise Studio 11:30 Viewing of "The Crown" - Aud 1:30 Wegman's 7:00 Game Night/Euchre – Game Room Happy Birthday to: Roger Dennis | 16 National Corn Fritter Day 10:00 Bridge |
| 17 9:30 Transportation to Church Services 11:00 - 1:30 Sunday Brunch 3:00 Sunday Movie Matinee Happy Birthday to: Mary Ann Zaretsky | 18 8:30 Wegman's 9:45 Aqua Fit Class 1:00 Mystery Ride 1:30 Drums Alive | 19 8:45 Fit N' Flex – Exercise Studio 10:00 Knit Wits – Game Room 10:30 Maplewood Rose Garden Tour & Lunch @ Braddock Bay Park 7:00 Scrabble – Game Room 7:00 Virtual Vacation to Sydney, Australia w/Ray Ettington Happy Birthday to: Nancy Hall | 20 National Lollipop Day – Find one in Your Mailbox!! 9:00 Tai Chi – Exercise Studio 9:45 Aqua Fit Class 10:30 Outdoor Cornhole 1:30 GEVA – "Sister Act" 7:00 Movie Night - Aud | 21 8:45 Fit N' Flex 11:00 Coffee Klatch w/Kathy – 3 rd Fl. 11:45 Hochstein @ High Falls 1:00 Coffee Klatch w/Kathy – 4 th Fl. 2:30 Resident Management Meeting 7:00 Rummy Q Happy Birthday to: Carol Henderson | 22 9:45 Aqua Fit Class 10:30 Chair Yoga – Exercise Studio 1:30 Wegman's 7:00 Game Night/Euchre – Game Room Happy Birthday to: Richard McNamara | 23 10:00 Bridge |
| 24 9:30 Transportation to Church Services 11:00 - 1:30 Sunday Brunch 3:00 Sunday Movie Matinee | 25 8:30 Wegman's 9:45 Aqua Fit Class 11:00 Great Courses – Aud 2:00 Ice Cream Social – Patio/Music Lounge | 26 8:45 Fit N' Flex – Exercise Studio 10:00 Knit Wits – Game Room 1:00 Drums Alive 2:00 Catholic Mass 7:00 Scrabble – Game Room 7:15 Virtual Vacation to the Australian Outback w/Ray Ettington | 27 9:00 Tai Chi – Exercise Studio 9:45 Aqua Fit Class 10:30 Outdoor Ladder Golf 10:45 Tour of MAG (Ubuhe Beadwork) & Lunch @ Brown Hound 11:30 Resident Birthday Party 7:00 Movie Night - Aud | 28 8:45 Fit N' Flex 10:30 Visit to Ashley Woods 1:00 Welcome Fl. Party – 4 th Fl. Mr. & Mrs. Keplinger; 5 th Fl. Mr. Hurwitz 7:00 Rummy Q Happy Birthday to: Polly Hunsberger | 29 9:45 Aqua Fit Class 11:30 Viewing of "The Crown" - Aud 1:30 Wegman's 6:30 Red Wing's Game 7:00 Game Night/Euchre – Game Room | 30 National Cheesecake Day 10:00 Bridge |
| 31 9:30 Transportation to Church Services 11:00 - 1:30 Sunday Brunch 3:00 Sunday Movie Matinee | | | | | | |