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May 18, 2020

Dear ECH Residents,

This is a follow-up to our Q & A with Dr. Sanchez. We hope you found the information helpful as we work together to keep everyone safe and healthy.

As we discussed, COVID-19 is the name for the illness caused by a new coronavirus (SARS CoV 2) that showed itself in December 2019 in China and spread rapidly around the globe. The virus is spread by moisture droplets in our breath. Coughing, sneezing, touching of face and then surfaces or people can easily spread the virus which can live for 3 days on surfaces.

ESLC has taken the following steps to help protect all of us from the coronavirus:

- Following all guidelines from the Department of Health, Centers for Disease Control, and Centers for Medicare and Medicaid Services
- Restricting visitors to all ESLC locations
- Screening anyone who enters the building for symptoms, including fever
- Wearing masks by staff in all resident areas
- Taking staff temperatures, as well as your temperature, daily
- Increased cleaning and environmental services

Some of the measures are disruptive and inconvenient, but they are **absolutely necessary** to help prevent spread of COVID-19.

As of right now, we do not have any cases of COVID-19 in our building. You will be notified if this changes. Your safety and well-being are our top priorities, and we will continue to take all necessary actions and precautions to prevent the spread of all respiratory viruses.

If you need additional support during this time, please let your social worker know. We are here for you. If you have questions or concerns, please contact me at (585) 546-8439 x3106 or ateugeman@EpiscopalSeniorLife.org. Thank you.

Sincerely,

Annmarie Teugeman

ECH Administrator/VP of Healthcare Services