



Re: RESTRICTED VISITATION

March 13, 2020

Dear Residents,

Monroe County remains a low-risk area for COVID-19, however the ESLC's core response team – under the recommendation of the New York State DOH and the Centers for Disease Control (CDC) – has made the decision to **restrict** all visitors to all ESLC buildings in an effort to maintain the health of all residents. This includes the Episcopal Church Home, Beatrice Place, Brentland Woods/Rockwood Center, Pinehurst, River Edge Manor, Seabury Woods, Upper South Senior Apartments, and Valley Manor.

Restricted visitation means ESLC will prohibit all visitation except for extreme circumstances such as an end-of-life situations or where a lack of visitation will result in severe social-emotional distress, or when family members need training for discharge from short-term rehab. In those cases, only two visitors will be admitted per resident per visit unless given special permission by executive director or social worker. Necessary healthcare support such as companion or healthcare aides, who are helping in your care, are permitted as usual. All staff and permitted visitors will be screened using a 4-part questionnaire, and soon temperatures will be taken upon arrival to rule out fever.

As a precautionary measure, we will be monitoring and recording resident temperatures daily. In all cases, if a resident has a fever (100.5+ degrees), the primary care provider and responsibility party/emergency contact will be notified.

Additional important information includes:

- All resident group outings have been cancelled.
- Individual medical appointments will be honored, if they are necessary.
- Transportation to locations of necessity will continue (i.e. medical appointments, grocery store).
- Although not advised, if you plan to leave the building, the CDC recommends that elders do not attend large group gatherings (50+ people). If a family member is taking you out, please meet them at the front entrance. If you need assistance, please coordinate with nursing.
- Internal activities will be limited to groups of 15 residents or less (except meals).
- Beauty/barber shop will remain open in all communities, for now.
- Necessary items that are being delivered to you should be exchanged at the entrance. Staff will be available to assist in carrying items to your apartment, where necessary.

As a reminder, to limit the spread of all respiratory illnesses, the DOH recommends the following actions:

- Stay in your apartment if you do not feel well and contact nursing.
- Wash your hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available.
- Avoid touching your eyes, nose and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when coughing or sneezing. If you use a tissue, throw it in the trash.
- Routinely clean and disinfect frequently touched objects and surfaces.

We understand that this is a very challenging situation for everyone. COVID-19 is especially dangerous for older adults and it is essential that we limit possible exposure as a preventative measure. We thank you for your understanding. If you have any questions, please contact the Executive Director, Resident Care Director or Case Manager.

Sincerely,

A handwritten signature in black ink that reads "Amanda Teugeman".

Amanda Teugeman

Vice President of Healthcare Services