Episcopal SeniorLife Communities

Life. Inspired every day.

RESIDENT MEMO

TO: River Edge Manor Residents

FROM: Neil Cavalieri, Executive Director

RE: Updates and Precautions

DATE: March 23, 2020

On Saturday, March 21st Governor Cuomo mandated that all personal care services be closed, including hair salons. For that reason, and in order to respect social distancing recommendations, we have discontinued barber/hairdresser services until further notice.

If you are experiencing any of the following symptoms, please remain in your apartment until you are no longer symptomatic:

- Cough
- Cold
- Sore throat
- Shortness of breath
- Fever
- Any other signs of respiratory illness

As a reminder, to limit the spread of all respiratory illnesses, the DOH recommends the following actions:

- Wash your hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available.
- Avoid touching your eyes, nose and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when coughing or sneezing. If you use a tissue, throw it in the trash.
- Routinely clean and disinfect frequently touched objects and surfaces.

If you are in common areas, we ask that you practice social distancing recommendations provided by the Center for Disease Control (CDC) which means limiting close contact with others as much as possible (a minimum of 6 feet apart).

Thank you for helping us continue to work diligently to limit the possible exposure of any respiratory illness to others. Let me know if you have any questions or concerns.