



Episcopal  
**SENIORLIFE**  
Communities

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EpiscopalSeniorLife.org

# GENERATIONS

A publication of Episcopal SeniorLife Communities

Fall 2016

## Neighborhood Programs Advance

**What began in 2013 as a pilot program in Henrietta has grown six fold.** ESLC's Neighborhood Programs promote health, wellness and independence in seniors throughout Monroe County through fitness classes, nutrition education, health and wellness education, social gatherings, and intergenerational programming; community gardens and transportation are also core components. Members have the opportunity to become connected to an organization that they can trust, especially when a need arises for future supports.

Participation in these Neighborhood Programs is not only a fun experience for members but also proves to be a healthy one. According to a recent health survey, more than 68 percent of participants report they have increased consumption of fruits and vegetables since becoming a member of the program, 43 percent have decreased incidences of falls, and 91 percent report carrying over what is learned in health education classes to their life outside of class.

Whether it is ZUMBA, Yoga, hula hooping or SilverSneakers, 75 percent of our members are attending at least one exercise program each week. All of these measurable achievements are outstanding, however equally important yet less quantifiable is the secondary benefit that can't be ignored – relationship building. The program has served as the catalyst between being engaged and a part of a community where many lifelong friendships have been established.

As the Neighborhood Programs continue to expand,



Exercise and community gardens are core components of the Neighborhood Programs

ESLC is grateful for key supporters: The Daisy Marquis Jones Foundation, The Wegmans Foundation and The Greater Rochester Health Foundation. These partners are vital in helping keep membership rates affordable, allowing for greater impact on seniors in our community.

For more information about becoming a member of an ESLC Neighborhood Program near you, call 585.546.8400 or visit [EpiscopalSeniorLife.org/neighborhood-programs](http://EpiscopalSeniorLife.org/neighborhood-programs).



“I have lost weight, gained balance and mobility, and made many new friends that live at Beatrice Place and some that live in the nearby neighborhood. I couldn't be in a better place in my life!”

~ Sonny Clark

Sonny Clark, Northeast Greece Neighborhood Program Member at Beatrice Place

# Message from Our Leaders

## In 2016, building toward Vision 2020 was our priority.

Expanding neighborhood outreach to our sixth site, further integrating Valley Manor and Pinehurst into ESLC, and drafting conceptual plans for skilled nursing and rehabilitation services at The Episcopal Church Home were program priorities that will carry forward into 2017. We are grateful for the strong friendships and meaningful partnerships that enhance our good work throughout the year and propel us forward. We are thankful for so many levels of support.

We also appreciate the thoughtfulness of residents and family members who provide feedback to our annual satisfaction survey. The input from those close to our care is essential in better understanding where we excel and in developing necessary work improvement plans. Input and suggestions are vital as we move forward in meeting the ever changing needs of seniors.

Our workforce of over 600 strong remains the lifeblood of the organization. We work diligently in establishing a culture that encourages continual feedback, education and recognition to achieve our goal of being the “workplace of choice”. The daily actions of our staff are what define the organization and together we dedicate so much of ourselves to our work. As leaders of the organization, one of the most meaningful events each year is the annual recognition dinner, a time dedicated to recognizing and celebrating with those devoted to their work. This year, as you will read in this issue, we presented special awards and recognized milestone anniversaries including four with 25 years of service, one with 30 and another with 35. We

congratulate all who were honored.

Earlier this fall, the volunteer recognition dinner



Loren J. Ranaletta,  
ESLC President/CEO

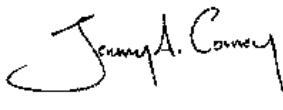


Jeremy Cooney,  
Board Chair

celebrated a volunteer base of more than 300 giving more than 10,000 hours of service. With so many selfless individuals giving so much to our residents, it is difficult to single out one person for extraordinary efforts to receive the Generations Award. However, Fran Kreider was so recognized. What first started as a way to be near her parents has expanded into a personal ministry and we are incredibly grateful for all that she does to enhance the lives of others.

We would also like to acknowledge your past support and encourage your participation in the Annual Supporters Campaign. It is in large part through philanthropy that our organization has grown to what it is today. Each year we are blessed by the generous support of many who are committed to our mission.

Thank you for your support of time, talent and resources – it is greatly appreciated as we continue on this journey together. From our family to yours, have a happy and healthy holiday season.

## Holiday Parties and Family Portraits

The holidays are quickly approaching and we are preparing for a season of reflection, celebration and fellowship. We will again offer photo stations for family portraits at all holiday parties. Each group will receive one complimentary 5x7 picture and additional copies may be ordered. We hope you will take advantage of this opportunity to capture a cherished photograph with your loved ones.

- **Wednesday, December 7**  
5:00 - 7:00 p.m.  
Seabury Woods
- **Thursday, December 8**  
5:00 - 7:00 p.m.  
Brentland Woods
- **Friday, December 9**  
4:00 - 6:00 p.m.  
Pinehurst
- **Saturday, December 10**  
4:00 - 6:00 p.m.  
River Edge Manor
- **Sunday, December 11**  
2:00 - 3:30 p.m.  
The Episcopal Church Home
- **Friday, December 16**  
12:00 - 2:00 p.m.  
Beatrice Place
- **Friday, December 16**  
2:30 - 4:00 p.m.  
Rockwood Center
- **Saturday, December 17**  
4:00 - 7:00 p.m.  
Valley Manor

## Art Exhibits at ESLC Galleries

### 1570 Gallery at Valley Manor

1570 East Avenue, Rochester, NY

**Through December 4, 2016**

“Memories, Life and Perception” – Pencil drawings and oil paintings by the Haas Family

**December 5, 2016 - January 15, 2017**

“A Little Bit of Everything” – Watercolors by Mary Ann Sawyer-Wade

*No Opening Reception*

**January 16, 2016 - February 26, 2017**

“Nature’s Beauty” – Photography by Joseph Woody

*Opening Reception: January 20, 6:00 - 8:00 p.m.*

### My Sister’s Gallery at The Episcopal Church Home

505 Mount Hope Avenue, Rochester, NY

**November 14, 2016 - January 8, 2017**

“New England Memories” – Acrylics on canvas by Rusty Likly

*Opening Reception: Wednesday, November 16, 5:00 - 7:00 p.m.*

**January 9, 2017 - February 19, 2017**

“The Call of Nature” – Acrylic and watercolors by Mark Stash

*Opening Reception: Thursday, January 12, 5:00 - 7:00 p.m.*

# Exceptional Employees at ESLC

Over 170 dedicated staff members were in attendance at this year's Annual Employee Recognition Dinner at The Rochester Museum and Science Center on Friday, October 28 to celebrate milestone anniversaries and annual awards. Six hundred and fifty years of service was celebrated. The following employees are recipients of this year's distinguished awards:

## Canon St. Julian Simpkins Employee of the Year Award

Recipient: **Andrea Green**, RN Staff Nurse  
Exhibits: Positive relationship with residents and staff, Dedication to their job and ESLC



Andrea Green

## Catherine Johnson Caregiver of the Year Award

Recipient: **Jorge Rodriguez Acosta**, CNA  
Exhibits: Dedication, Loyalty, Caring to those in need



Jorge Rodriguez Acosta

## Austin E. Hildebrandt Award of Honor

Recipient: **Alison Miller**, PR/ Communications Coordinator  
Exhibits: Friendship, Compassion, Generous Spirit, Inspiration, Conviction, Support to those in need



Alison Miller

## Loren J. Ranaletta Award of Honor

Recipient: **Courtney McGinness**, Vice President of Community Outreach  
Exhibits: Faithfulness, Creativity, Self-confidence, Sincerity



Courtney McGinness

## Celebrating 25 Years



Lisa Stachowski



Durogene Edmond



Bonita Williams



Ruth Ann Johnstone

## Celebrating 30 Years



Diane Cotton

## Celebrating 35 Years



Karen Young

# Taking Part in Art

The art program at Episcopal SeniorLife Communities is thriving! Each week, residents and neighborhood program members have the opportunity to take part in art classes and are creating amazing pieces of artwork. A Resident Art Show was on display at My Sister's Gallery at The Episcopal Church Home through mid-November, and some of the pieces displayed are featured here.

For art instructor Caroline Garnaat, a teacher from nonprofit organization Fine Art Miracles, it is a privilege to work with seniors and see their talent come to life. "The best part of my job is getting to know the folks I teach," said Caroline. "We work on our art projects as a group and go through the process step-by-step. Everyone is included, and each class builds confidence and skills. I'm just so proud of these residents and what they have achieved!"



1 "Fabulous Flowers" by Rosanne Hartel, *Brentland Woods Resident*

2 "Watkins Glen" by Clara Reiber, *ECH Resident*

3 "Robin" by Rosemary Lisuzzo, *River Edge Manor Resident*

4 "The Last Animal" by Helene Chudyk, *Seabury Woods Resident*

5 "Great Blue Heron" by Jacqueline Whitney, *Neighborhood Program Member*

# RECOGNITIONS

A gift to Episcopal SeniorLife Communities is a very special way of honoring or remembering a loved one, friend or colleague. The following gifts were received from July 1, 2016 through September 30, 2016.

## IN MEMORY OF

### **Mrs. Janet Champney**

Miss Ellen DeBuono

### **The Rev. John Guenther**

Ms. Linda Kruchten-Merring

### **Mrs. Emma Mogavero**

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Mr. & Mrs. Robert and Susan Trox

### **Mrs. Marie Presciutti**

Mr. Vincenzo Presciutti

### **Mrs. Ruth Scheuch**

Mr. & Mrs. Donald and Connie Collins

### **Mrs. Dolores Sherburne**

ESLC Women's Auxiliary

### **Ms. Dorothy Wambold**

Mr. & Mrs. Ronald and Diane Gagliardi

Ms. Nancy Nather

Mr. John Walker

Ms. Mary Ann Walker

Mr. Mike Walker

Ms. Pat Walker

Mr. Tom Walker

### **Mrs. Helen Weckerle**

Ms. Amy Woodward

### **Mr. Ernest Whitbeck, III**

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Mr. & Mrs. John and Lindsay Garrett

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Mr. Dan Goodwin

Mr. Kitt Goodwin

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Mr. & Mrs. Ernest and Mary Kay

Whitbeck, IV

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Mrs. Kathy Whitbeck

Mrs. Marie Whitbeck

Mr. & Mrs. Robert and Mary Ann Whitmore

Mr. & Mrs. Charles and Susan Williams

Mr. & Mrs. Sandy and Nancy Wolcott

## IN HONOR OF

### **Mrs. Carol Aldridge**

Ms. Lauren Frank

### **Mr. & Mrs. Jack and Marcia Sherman**

Ms. Rosalie Cavallaro

Mr. & Mrs. Tom and Claudia Ciresi

Mrs. Ann Diamond

Mr. & Mrs. Joseph and Beryl Dimora

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Ms. Mary Ann Zaretsky

### **The Rev. Dennis Wienk**

Mrs. Jean Flockhart

*you...  
are making  
a difference.*

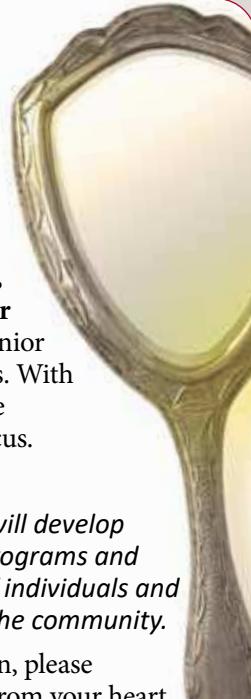
You—our leadership, corporate partners, friends, donors, volunteers, staff and residents—are the key to our success. Together, we are redefining senior services in unique and innovative ways. With your support, we can continue to make Vision 2020 come more clearly into focus.

### **Vision 2020**

*Episcopal SeniorLife Communities will develop neighborhood centered housing, programs and services that address the desires of individuals and enrich the overall quality of life in the community.*

As we approach this holiday season, please consider supporting ESLC with a gift from your heart. We rely on the generosity of people like you so we can continue to provide a high quality of life to the seniors we serve, and peace to their family and friends. Let's continue to make a difference together.

To contribute to this year's Supporters Campaign, an envelope is included in this issue for your convenience. Thank you for your support.



# THE DAVENPORT-HATCH FOUNDATION, INC.

**For Tom Hildebrandt and Doug Taylor, giving back to the Rochester community through The Davenport-Hatch Foundation is a blessing.**

They are cousins and third generation members of The Foundation to a board of thirteen. Tom serves as Vice President, Treasurer and Grants Committee Chair, and Doug is Secretary.

The Davenport-Hatch Foundation is a private foundation which was founded in 1952 by Mr. Augustus T. Hatch, in memory of his sister, Edith, who was married to his business partner, Will Davenport. Together these two gentlemen established and operated Davenport Machine Tool Company, a manufacturing business in Rochester. In the early days, gifts were small and dependent on the company's profits; nonetheless providing community support became a large part of the family's core values.

The Foundation mainly supports capital projects for the arts, health care and medical research, children and youth, social services, and educational and religious organizations, and all dollars stay in the Rochester area. When asked how funding decisions are made, Tom said there is much thought that goes into the grant evaluation process. "Knowing and trusting the leaders of any organization we support makes it easier for us to strongly consider an application," said Tom. "Great ideas stem from ESLC and the leaders are visionary, both of which are important factors that we consider."

As ESLC continues to serve seniors in innovative ways, Tom and Doug feel that ESLC's *Vision 2020* is good strategic planning, and agree that partnerships are the key to success in any industry. "Collaboration is crucial—you can't go it alone anymore, especially in senior care," said Tom. Doug echoes that sentiment. "It's important not to duplicate services, and is something we consider when evaluating grant requests," said Doug. "When we see similar requests at the same time, we have to ask ourselves if it is wise to fund all versus just one proposal that includes community partnerships to reach the same outcome." Tom regularly communicates with other local foundations and is active on many boards, so he has a pulse on community efforts and projects that are already being supported.

Over the years, ESLC is dedicated to redefining aging services in our community—a crusade that The Davenport-Hatch Foundation has been an unwavering partner in by offering funding to build new or renovate communities,



Beatrice Place, one of the projects supported by The Davenport-Hatch Foundation



Valley Manor Library Relocation and Redesign, recently supported by The Davenport-Hatch Foundation

purchase vehicles, update learning space, and install environmental safety features. The Foundation's support, though subtle in recognition, positively impacts the lives of seniors throughout Monroe County and in each of the organization's programs.

Community impact is one of the most gratifying aspects of being involved in The Foundation for Doug. "I enjoy seeing first-hand how the distribution of funds helps people throughout this community," said Doug. "It's rewarding!"

Tom's gratitude is similar. "Every day we are grateful that our grandfather gave us this opportunity....to give back to the community," said Tom. "He gave us the vehicle that has kept us together for four generations now—we wouldn't be as close as a family, and keeping the family together is really special." Tom and Doug say that they all respect each other and work well as a group because they are like-minded, and share in The Foundation's mission and goals.

As the Board works to prepare the next generation to lead The Foundation, the cousins hope to continue the relationship with ESLC. They will remain open to new ideas, consider what is important to the leaders and look at what is most difficult to get funded. With no paid staff or physical location, they are able to donate more to this community and are pleased that ESLC is one of those organizations. And for them, giving back in any way possible is a gift in itself.

## Deborah Lattime and Mary Fisher Receive Posner Award

Long-time ESLC Volunteers, and sisters, Deborah Lattime and Mary Fisher, received this year's Joe U. Posner Founders Award through the Rochester Area Community Foundation. This recognition is part of the Foundation's annual philanthropy awards which recognize the many hours and financial support of these generous individuals and families who share with countless nonprofit organizations dedicated to improving families, neighbors, schools, and villages, towns, cities, and counties. ESLC appreciates the dedication of these two women to our organization over the years.



(left to right) Jeremy Cooney, ESLC Board Chair, Deb Lattime and Mary Fisher, Posner Award Recipients, and Loren Ranaletta, ESLC President/CEO, at this year's Annual Rochester Area Community Foundation Luncheon

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Episcopal SeniorLife Communities provides a full spectrum of care and housing options for seniors including skilled nursing, transitional care, assisted living, specialized memory care, hospice, independent living, affordable housing and patio homes. In addition, Neighborhood Programs promote health and wellness to seniors in the surrounding areas of our communities, expanding traditional services and allowing seniors to age in their place of choice.

585.546.8400

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## VOLUNTEER Spotlight

### Volunteer Recognition Celebration

**Episcopal SeniorLife Communities is extremely grateful for the many dedicated volunteers who tirelessly give their time and energy to the seniors we serve.** Each year, a recognition dinner is held in their honor, and provides an opportunity for the organization to celebrate and thank volunteers. This year's event took place at Penfield Country Club in September and was preceded by educational sessions for those who wished to take advantage.

For new Volunteer Coordinator, Jennifer Rougeux, coordinating this event was one of her inaugural tasks, something she acknowledges wouldn't have been possible without the support of great colleagues, especially the ESLC recreation leadership team. Leading up to the event, many volunteers told her about their excitement for the dinner and the chance for all volunteers to be in one place at the same time. "It's this genuine friendship and excitement for the work that these volunteers do that makes them so special," said Jennifer. "And that makes my job so fulfilling."

Some in attendance spoke of their appreciation for the work being done at ESLC and the opportunity it provides them to give back. For Paul Graham, a 30+ year volunteer within the chaplaincy program, considers The Chapel of the Good Shepherd at The Episcopal Church Home his home

church. "I get much more fulfillment by volunteering at ECH than I do attending a traditional parish," said Paul. "I have made many great friends over the years."

Fran Kreider, this year's Generations Award Recipient, began volunteering at Brentland Woods as a way to spend more time with her parents Frank and Lois Bersch. Now, eight years later and even with the passing of her beloved parents, she continues to give to residents by currently leading crafts, activities and knitting groups at Brentland Woods, and is eager to start literature reading there too. She also provides hymn sings at ECH each week, and has done that by request at Seabury Woods as well. "For me, this is a ministry and a calling to give back," said Fran. "I always enjoy the time spent with the residents."

More than 300 volunteers donated over 10,000 hours within the last year. These milestones are truly remarkable and do not go unnoticed. Thank you to all ESLC Volunteers!



**Fran Kreider Receives Generations Award!**

(left to right) Loren Ranaletta, President/CEO; Fran Kreider, Award Recipient; Jennifer Rougeux, Volunteer Coordinator

**Interested  
 in Volunteering?**

Apply online at  
[EpiscopalSeniorLife.org](http://EpiscopalSeniorLife.org)  
 or contact Jennifer Rougeux at  
 585.546.8439 x3160 or  
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